

2005 MNDAKSPAN Fall Conference  
“An Apple a Day... Getting to the Core of PeriAnesthesia Nursing”  
Saturday, October 15, 2005  
Best Western Edgewater Conference Center  
Duluth, Minnesota

**“Alternatives in Blood Management”**

Richard J. Banchs, MD

1. Learner’s achievement of objectives:
  - Describe the potential complications of blood transfusion
  - Define immunomodulation
  - Discuss the evaluation and benefits of blood transfusion
  - State the physiology of a blood transfusion
  - Describe pre-op preparation of a patient who may require perioperative blood management
  - Identify preoperative/intraoperative techniques to minimize exposure to banked blood

**“Epidural Anatomy and Medication Review”**

Mary Godfrey, RN

**“Managing the Unique Challenges of Patients with Chronic Pain”**

1. Learner’s achievement of objectives:
  - Evaluate dermatomes in relation to surgical incision
  - Distinguish between lipophilic versus hydrophilic epidural medications
  - List steps needed for evaluation when opioid pain orders fail

**“Peripheral Nerve Blocks”**

Robert Ardis, MD

1. Learner’s achievement of objectives:
  - List criteria used to determine eligibility of patients receiving peripheral nerve blocks
  - Describe the anatomy and goal of specific peripheral nerve blocks
  - List medications used for peripheral nerve blocks
  - Describe patient assessment and monitoring requirements post-operatively

**“Malignant Hyperthermia”**

Neil Anderson, CRNA

1. Learner’s achievement of objective:
  - Identify perianesthetic considerations for malignant hyperthermia.
  - Describe the initial diagnosis and treatment of an MH crisis
  - Describe the management of MH after initial onset

**“Pre-Procedure Assessment Algorithm and Case Presentations”** William Gall, MD

1. Learner’s achievement of objective:
  - Discuss screening protocols for patients with cardiovascular disease.
  - Discuss screening protocols for patients with respiratory/airway issues.
  - Describe process for implementation of PPA algorithms.

**“Sedation and Agitation in the Perioperative Setting”**

Matthew Byrne, RN, MS

1. Learner’s achievement of objectives:
  - Define sedation and agitation
  - List indications for sedation
  - List causes of sedation and agitation
  - Discuss assessment of sedation and agitation and pertinent research
  - List interventions for agitated and sedate patients
  - Give examples of future research and clinical practice innovations related to care of sedate and agitated patients.

**“Yoga –based Deep Relaxation for Wellness”**

Sharon Dawson, RYT

1. Learner’s achievement of objective:
  - Discuss benefits of Yoga.
  - Demonstrate deep relaxation techniques of Yoga.